



# DAY SCHEDULE HORARIO DEL DIA

HEALTH · ART · EDUCATION · COMMUNITY · MEDIA · BUSINESS · POLITICS
SALUD · ARTE · EDUCACION · COMUNIDAD · MEDIOS · NEGOCIOS · POLITICA

8:00 - 9:30 Registration, Breakfast, Welcome

Registración, Desayuno, Bienvenida

9:30 - 13:00 Workshops

**Talleres** 

13:00 -15:00 Lunch and Keynote Speakers

Almuerzo y Oradores Principales

**15:00** Tango Classes - Farewell

Clases de Tango - Despedida

#### **FAST FACTS**

When: Friday, March 16, 2018 - 8:00 am to 4:00 pm

Where: Dutchess Community College, Drumlin Hall, Poughkeepsie, NY

Parking: Lot D (GPS Address 90 Cottage Road, Poughkeepsie)

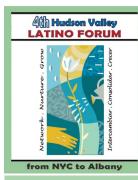
info@abclatino.com (845) 790-5004. Visit us on Facebook and Instagram: @ABClatino













# WORKSHOP SCHEDULE HORARIO DE TALLERES

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### Main Cafeteria, Drumlin Hall

09:30 - 11:30 **MOURNING THE HOMELAND**, Maria Elena Ferrer Harrington

### Outside Cafeteria Room A, Drumlin Hall

09:40 - 10:20	LIVING GREEN, DAILY CHOICES MAKE A DIFFERENCE,
	Carla Castillo and Hugo Jule-Quintanilla
10:30 - 11:20	<b>OPPORTUNITIES IN PUBLIC ARTS FUNDING</b> , Lilia Perez
11:30 - 12:20	IDEAS, SUGGESTIONS, SOLUTIONS FOR VISUAL ARTISTS, Elisa Pritzker

## Outside Cafeteria Room B, Drumlin Hall

09:40 - 11:20	<b>ASSERTIVE COMMUNICATION</b> , Dora Ines Grosso Garcia
In Spanish	MENTAL DETOX, Dora Ines Grosso Garcia

### Room 101, Dutchess Hall

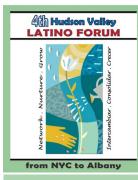
09:40 - 10:30	How to Sell and Market to the Latino Consumer, Hugo Acosta
10:40 - 11:30	ACHIEVING CULTURAL COMPETENCY AND INCLUSION IN THE WORKPLACE,
	Inaudy Esposito, MS
11:40 - 12:30	GENDER EQUITY IN THE WORKPLACE AND THE IMPORTANCE OF WOMEN
	AS LEADERS, Inaudy Esposito, MS













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#### Room 205, Dutchess Hall

09:40 - 10:20	THE ELECTORATE MAP IN THE HUDSON VALLEY, Mike Fondacaro
10:30 - 11:20	TAKING YOUR SEAT AT THE TABLE, Jacqueline Colon Hernandez
11:30 - 12:20	WHY ADULT LITERACY IS EVERYONE'S PROBLEM, Mariksa "Mari" Nieves

#### Room 210, Dutchess Hall

09:40 - 10:30	FUEL YOUR BODY TO INCREASE YOUR ENERGY WITHOUT DEPRIVING
	Yourself or Feeling Guilty, Wanda Jeanty, MD, MS, HC
10:40 - 11:30	INFLAMMATORY AND DESINFLAMMATORY MEALS
	<b>ELEMENTS THAT SLOWLY INTOXICATE AND THEIR RELATIONSHIP</b>
	WITH MENTAL ILLNESS
	RELATIONSHIP OF GLUTEN IN HEALTH AND ITS USE
	Eduardo Parra

11:40 - 12:20 <u>Understanding Dual Special Needs Plan (DSNP)</u>, Kayser Segura

## Ritz Lounge, Dutchess Hall

11:30 - 12:30 **YOUTH ROUNDTABLE**, moderated by Norma Vizcarrondo

## Keynote Speakers, Main Cafeteria, Drumlin Hall

13 - 15:00 #PurposeBeforePolitics, Marcus J Molinaro, Dutchess County Executive

**A REVIEW OF U.S. IMMIGRATION LAW AND HISTORY**, Robert Fuchs, Esq.

Mural Art in Cuba, Franc Palaia